

DELPHI RESORT

Delphi Resort is a 4* resort located on 300 acre site in the heart of the scenically breathtaking Delphi Valley, near Leenane, Connemara, Co. Galway, Ireland. The resort has a stunning four star hotel, outdoor adventure centre, award winning spa, state of the art hostel, bar and restaurant, meeting room and onsite café. Delphi Resort is located on Ireland's Wild Atlantic Way and alongside The Western Way and The Greenway. Delphi Resort provides over 20 water and land adventure activities for families, couples, groups, corporate organisations, school tours, sports teams and individuals. It is perfect for anyone seeking adventure, relaxation, excellent food and is set within some of the most awe-inspiring scenery in the world.



TOP THINGS TO DO IN THE AREA

1



KYLEMORE ABBEY (35 MINUTES DRIVE FROM DELPHI RESORT)

Kylemore Abbey (Mainistir na Coille Moire) is a Benedictine monastery founded in 1920 on the grounds of Kylemore Castle, in Connemara, County Galway. The abbey was founded for Benedictine Nuns who fled Belgium during World War I. The estate includes large walled Victorian Gardens which have been open since the 1970s to public tours and nature walks. The Benedictine community have restored the abbey's gardens and cathedral with donations and the help of local artisans, so as to be a self-sustaining estate. www.kylemoreabbey.com

2



A CRUISE ON KILLARY FJORD (20 MINUTES DRIVE FROM DELPHI RESORT)

Take a cruise on Killary Fjord (An Caolaire Rua) and take in some truly beautiful scenery - the fjord forms a natural border between counties Galway and Mayo. It is 16 kilometres long and in the centre is over 45 metres deep. On its northern shore lies Mweelrea, Connacht's highest mountain, rising to 814 metres. To the south rise the Maunturk Mountains and the Twelve Bens. The area contains some of Ireland's most awe inspiring and dramatic scenery. www.killaryfjord.ie

3



CLIMB CROAGH PATRICK (35 MINUTES DRIVE FROM DELPHI RESORT)

Croagh Patrick (Cruach Phadraig) nicknamed The Reek, is a 764 metre (2,507 ft) mountain which is well worthwhile climbing for the stunning views and the hiking challenge! It is 8.5 kilometres (5 miles) from Westport, above the villages of Murrisk and Lecanvey and is the third highest mountain in County Mayo after Mweelrea and Nephin. Every "Reek Sunday", the last Sunday in July, over 15,000 pilgrims climb it - some even barefoot!

4



CONNEMARA NATIONAL PARK (35 MINUTES DRIVE FROM DELPHI RESORT)

Connemara National Park is an area of scenic beauty spanning nearly 3,000 hectares. There are several things to see and do in the park including guided and self-guided walks (including Diamond Hill), Connemara ponies, exhibitions, an audio-visual show, children's playground and nature trails to name but a few. It consists of picturesque expanses of bog lands, heaths, grasslands, woodlands and mountains. www.connemaranationalpark.ie

5



CYCLE THE GREAT WESTERN GREENWAY (40 MINUTES DRIVE FROM DELPHI RESORT)

The Great Western Greenway (Bealach Mór an Iarthair) is a stunning off-road trail for cyclists and walkers in County Mayo. It is a 42km (26 mile) route divided into 3 sections - 11km from Westport to Newport, 18km from Newport to Mulranny, 11km from Mulranny to Achill. It follows along the coast of Clew Bay on the route of the former Achill extension of the Westport railway line. www.clewbaybikehire.ie
T +353 (0)98 37675

6



DAY TRIP TO CLARE ISLAND (20 MINUTES DRIVE FROM DELPHI RESORT TO ROONAGH QUAY & A FURTHER 20 MINUTES BY FERRY)

Well worth a visit for a day trip is Clare Island (Oileán Chliara), a mountainous island in Mayo's stunning Clew Bay. It boasts dramatic cliffs and spectacular views and is famous as the home of the pirate queen, Grace O'Malley (Granuaile). Approximately 125 people live there today. www.clareislandferry.com
T +353 (0)98 23737



Delphi Resort lies on Ireland's Wild Atlantic Way, the world's longest defined coastal driving route. Stretching from the Inishowen Peninsula in Donegal, to Kinsale in County Cork, the 2,500km route offers an opportunity to truly discover the best views, attractions and experiences that Ireland's Atlantic coast has to offer.

CLEW BAY (40 MINUTES DRIVE FROM DELPHI RESORT)

According to tradition, Clew Bay has 365 islands - one for every day of the year! Overlooked by Croagh Patrick, it is the most spectacular bay in Ireland. With partly drowned drumlins, its largest island, Clare Island, is famous for its historical and archaeological sites. The unique bay is surrounded by some of the best blue flag beaches in Ireland, perfect for many adventure sports.

DOOLOUGH

The Doolough Tragedy is an event that took place in Mayo in 1849 during the Great Irish Famine. Many people, including women and children, lost their lives by the shores of Doolough lake making the 19km journey from Louisburgh to Delphi Lodge. A cross erected at Doolough and an annual Famine Walk between Louisburgh and Doolough commemorate this event.



- 1 Entrance to Delphi Resort Hotel
- 2 Delphi Spa
- 3 Wild Atlantic Café
- 4 Wild Atlantic Hostel
- 5 Forest Trails - Starting Point
- 6 Adventure Hub, Changing Rooms & Toilets
- 7 Archery - Site A
- 8 High Ropes
- 9 Aerial Trek, Zip Line, Climbing, Tunnelling
- 10 Bog Obstacle Course
- 11 Archery - Site B
- 12 Bushcraft - Site A
- 13 Bushcraft - Site B
- 14 Mountain Biking Trail Downhill Descent - Starting
- 15 BMX Pump Track
- 16 Kayaking, Sea Kayaking, Canoeing, Raft Building Site
- 17 Surfing Site
- 18 Combat Archery
- 19 Gráinne's viewing point

FOREST TRAILS

WALKING & CYCLING

RED: FOREST BEAG LOOP

Distance : 1.5km, Walking Grade : Easy, Cycling Grade : Moderate
Estimated Time : Walking : 30-50mins / Cycling : 15-30 mins+

PURPLE: RIVER VIEW

Distance : 3km, Walking Grade : Easy, Cycling Grade : Moderate
Estimated time : 30-50mins / Cycling : 30 mins+

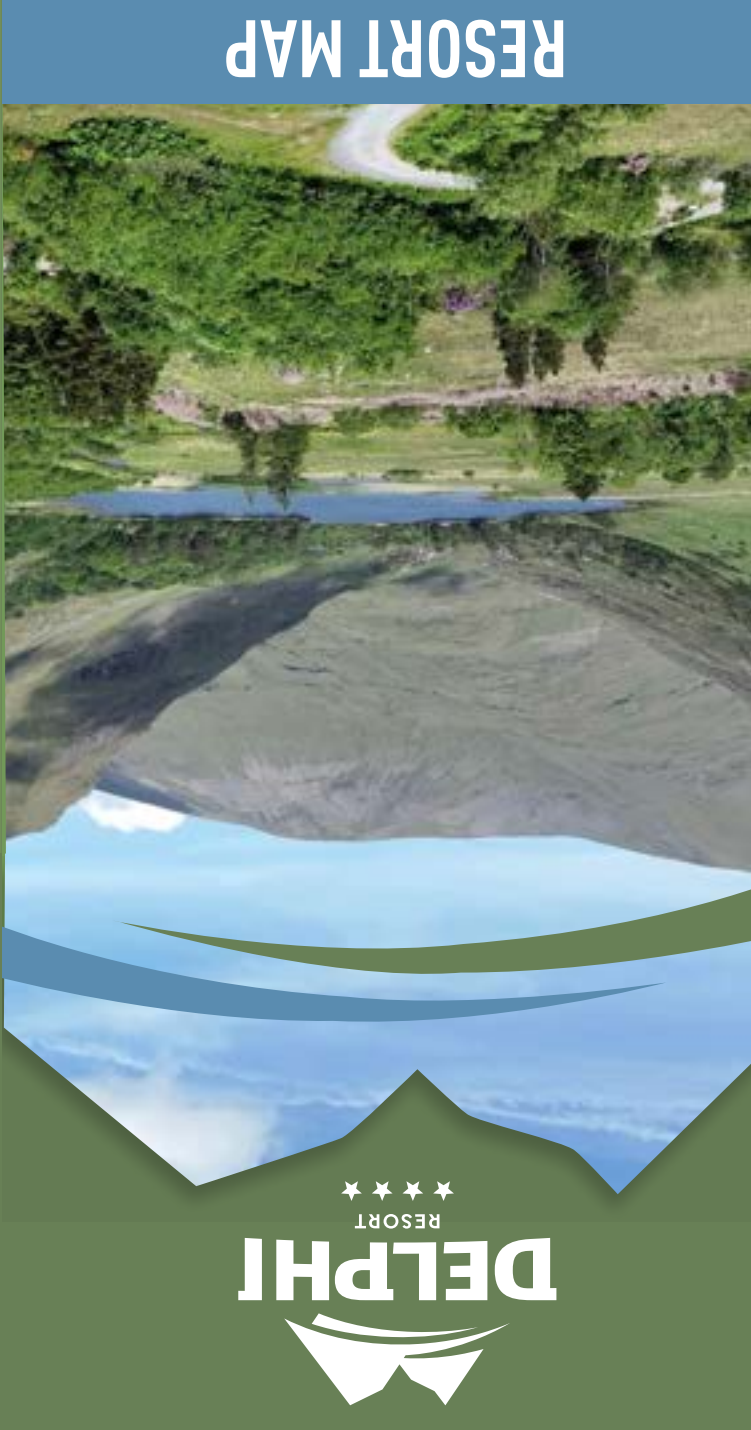
YELLOW: MOUNTAIN VIEW

Distance : 5km, Walking Grade : Easy, Cycling Grade : Moderate to Difficult
Estimated Time : 1.5-2hrs / Cycling : 45 mins+

MOUNTAIN BIKING

GREEN: MOUNTAIN BIKING TRAIL

Distance : 5km, Grade : Difficult, Estimated Time : 1-1.5hrs



1.5 - 3 HOUR LAND ACTIVITIES

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AERIAL TREK

Get your pulse racing and adrenaline pumping with this exciting and thrill-seeking activity! Zip, climb, traverse and journey above the treetops on the 40ft high obstacle course.
AGE: 8+ AND MIN. DURATION: 1.5HRS
MIN. HEIGHT RESTRICTION: 1.4M

ZIP LINE

Experience the thrill of the 220-meter zipwire in the Delphi Forest! Head up the tower and get ready to speed down the zip-line and experience the buzz of this adrenaline pumping activity - an exhilarating adventure through the air!
AGE: 8+ DURATION: 1.5HRS MIN. HEIGHT RESTRICTION: 1.4M

HIGH ROPES

Get the adrenaline pumping through your veins on the Delphi High Ropes Course! You will climb and hold your balance before going for the leap of faith.
AGE: 8+ AND MIN. HEIGHT RESTRICTION: 1.2M
DURATION: 1.5HRS

ARCHERY

Ready, aim, fire! Fancy yourself as the next Robin Hood or Katniss Everdeen? If you enjoy target-orientated activities, archery is the ultimate sport for you.
AGE: 6+ DURATION: 1.5HRS

BUSHCRAFT

Are you ready to take on a Bear Grylls-style challenge? Journey into the depths of the Delphi Forest where you will learn basic wilderness survival skills, while learning about the local flora and fauna.
AGE: 6+ DURATION: 1.5HRS

FAMILY FRIENDLY MOUNTAIN BIKING & TRAIL RIDE

In this activity, our instructors will teach you all the basic skills you need to get going. Crank up those gears and brace yourself for this action-packed, adrenaline pumping activity through Delphi's very own mountain bike trails.
AGE: 8+ DURATION: 1.5HRS

DIGITAL ORIENTEERING

Our new high tech Digital Orienteering kit from Sportident adds a fun competitive twist to our orienteering course. Navigate and beep your way through our 300-acre forest and at the end you'll get a printout with your team time.
Can you get on our season leaderboard?
AGE: 4+ (ALL CHILDREN UNDER 14 YEARS MUST BE SUPERVISED BY AN ADULT) DURATION: 1.5 ~ 2 HRS

WALKING

Why not get your walking shoes on and explore the stunning surroundings of the Delphi valley. There are a variety of signposted walks in the 300-acre forest at Delphi Resort. We also occasionally run guided walking tours of the valley!
AGE: FOREST WALKS SUITABLE FOR ALL. SEE WALK MAPS FOR GUIDANCE. DURATION: FROM 1/2 HR

COMBAT ARCHERY

Play the Hunger Games! Our newest activity, Combat Archery, is tons of fun. Think Dodgeball meets Archery, or Paintball without the mess!
AGE: 10+ DURATION: 1.5HRS

ABSEIL

Get the adrenaline pumping through your veins with an abseil off the 46ft Delphi towers! Delphi Resort offers you the opportunity to test your abseiling skills and partake in our exciting abseiling experience. You will be harnessed and ready to go at your own pace. Whatever your level, you'll be in great hands with our hardy instructors close by to egg you on! Come and join us for this thrilling abseiling experience!
AGE: 8+ DURATION: 1.5HRS

CYCLING

Delphi Resorts' location in the heart of the Delphi Valley provides a wealth of scenic routes to explore. For the thrill seekers we have mountain biking routes on-site and for those who want to take it easy there is a variety of beautiful routes taking you through the surrounding countryside
AGE: SOME ROUTES SUITABLE FOR 8+
DURATION: 1-6 HRS

3 HOUR LAND ACTIVITIES

AERIAL TREK & ZIPLINE COMBO

AGE: 8+ MIN. HEIGHT RESTRICTION: 1.4M
DURATION: 3HRS

CLIMBING & BELAYING INTRODUCTION

Climbing and Belaying Introduction
Gear up and our experienced instructors will show you the "ropes" on this Climbing and Belaying skills session! Our outdoor climbing walls provide an ideal venue for a safe introduction to all things climbing. Our instructors will show you how to choose the correct equipment, tie the essential knots, set up climbs, belay, move on the wall and problem solve climbs.
AGE: 8+ DURATION: 3HRS

3 HOUR WATER ACTIVITIES

3 HOUR WATER ACTIVITIES

BOG OBSTACLE

This activity will take you deep into the Delphi forest while you take on the balance wires, muddy tunnels, bog filled pools and water obstacles.
AGE: 8+ DURATION: 3HRS

KAYAKING

Kayak along the Wild Atlantic Way and learn the basic skills and techniques of Delphi's most popular water activity.
AGE: 8+ / DURATION: 3 HRS
SUITABLE FOR ALL LEVELS

SURFING

Head for the sandy shores of Cross Beach, regarded as one of the best surfing beaches in County Mayo!
AGE: 8+ / DURATION: UP TO 3 HRS

RAFT BUILDING

Water fun for all the family! This hands-on experience keeps everyone busy - planning, designing and building your ultimate water craft - before testing your knots by taking to the water.
AGE: 8+ / DURATION: UP TO 3 HRS

SEA KAYAKING JOURNEY

This tour is a fantastic introduction to exploring Killary Fjord, one of the 3 glacial fjords in Ireland and one of the key signature points along Ireland's Wild Atlantic Way.
AGE: 14+ / DURATION: 3 HRS

CANOEING

A great activity for couples and families! Take a canoeing session with a qualified instructor along the tranquil waters of Kilary Fjord.
AGE: 4+ / DURATION: UP TO 3 HRS

GETTING HERE. DELPHI



35 MINS FROM WESTPORT - 32KM

Follow the N59 to Leenane, turn right at Aasleagh Falls & follow the Wild Atlantic Way for 8km.

80 MINS FROM GALWAY CITY - 76KM

Follow the N59 through Moycullen - Oughterard - Maam Cross - Leenane, then follow the Wild Atlantic Way (N) for 12km towards Louisburgh

Visit www.delphiresort.com/adventure
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